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| **PLEASE COMPLETE USING BLOCK CAPITALS** | | | | | | | | | | | | | | | | | | |
| Club (please tick one) | | | | | | Henbury / St. Werburghs | | | | |  | | Horfield / The Hideout | | | | |  |
| Title |  | | | First Name(s) | | | |  | | | | | | | | | | |
| Surname |  | | | | | | | | | | | | Date of Birth | | |  | | |
| Gender |  | | | | | | | | | Date Commenced Training | | | | | |  | | |
| Address |  | | | | | | | | | | | | | | | | | |
| Town |  | | | | | | County | | |  | | | | Postcode | | |  | |
| UK Resident? (please circle) | | | | | YES / NO | | | | | Email | |  | | | | | | |
| Mobile Number | |  | | | | | | | | Home Number | | |  | | | | | |
| Medical Information |  | | | | | | | | | | | | | | | | | |
| Emergency Contact Name #1 | | |  | | | | | | Phone Number | | | | | |  | | | |
| Relationship to Student | | | | | |  | | | |
| Emergency Contact Name #2 | | |  | | | | | | Phone Number | | | | | |  | | | |
| Relationship to Student | | | | | |  | | | |
| **DECLARATION**  I understand that there is an inherent risk of physical injury in the practice and learning of a contact sport such as TaeKwon-Do. Whilst Master Downer’s School of TaeKwon-Do and his members and instructors will take all reasonable steps to minimise the likelihood of an accident, the risk of physical injury cannot be eliminated. There is particular risk in the context of competitions and grading exercises which by their nature are likely to result in an individual approaching or potentially exceeding the limits of their skills and physical ability. The acceptance of an individual’s application to participate in a competition or to undertake a grading exercise does not constitute and should not be considered as constituting any form of confirmation or assurance by Master Downer School of TaeKwon-Do or member instructors to the effect that the individual has the necessary skill or physical ability to safely complete such competition or grading exercise, it being the individual’s sole responsibility to judge such matters for themselves.  If an individual has any doubt whatsoever as to their ability to safely complete any exercise in the context of a competition, grading exercise or otherwise, it is the responsibility of the individual to withdraw from the same.  Master Downer School of TaeKwon-Do and member instructors accept no liability for injuries sustained in the course of practicing and learning of TaeKwon-Do save for injuries attributed to negligence of Master Downer’s School of TaeKwon-Do members and instructors. Insurance in respect of such risks is included in your annual membership. In signing this declaration I accept the above recited disclaimer of liability and also agree to abide by the rules of Master Downer’s School of TaeKwon-Do as amended from time to time should I be accepted as a member.  SIGNED:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(Signature of student or parent/guardian if the student is under 18)  PRINT NAME:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_DATE:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Please note for all Parents of juniors below 14 we invite you to watch the first few lessons so you get to know the instructor. **Please see overleaf for Photographic/video usage consent, Privacy Policy Declaration and Club Rules** | | | | | | | | | | | | | | | | | | |

**Image Use Consent – For Students Under the Age of 18**

I hereby give my consent that photographs and videos of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ may be used on the websites [www.bristolcentraltkd.net](http://www.bristolcentraltkd.net) or related online social media websites (e.g. Facebook, Twitter, Instagram) and promotional material produced by Master Downer School of TaeKwon-Do, on the clear understanding that no name reference to my child will be used.

Signed\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_(Signature of parent/guardian) \*optional

**Privacy Policy Declaration**

**The information provided on this form is retained on a secure server. We use it in order to contact the student (or relatives/friends in case of illness or emergency) for administrative purposes regarding competitions, gradings etc. We also use it to arrange the student licence (insurance cover) – this is renewed annually. We also keep a record of student attendance, gradings, competition results and qualifications obtained (for black belts). From time to time we may send you emails (using the address provided) with newsletters on past and future TaeKwon-Do events – you may unsubscribe from these at any time by following the link on the email received. We share your details with our National Governing Body (the TaeKwon-Do Council – United Kingdom and the International TaeKwon-Do Council) to arrange insurance cover and for record keeping purposes. We do not pass your details to any other organisation for marketing or other purposes. You have the right to request to see a copy of the information we keep on you.**

**If any of your information changes, please let us know. You can do this via our website** [www.bristolcentraltkd.net](http://www.bristolcentraltkd.net) **> contact us > update student information.**

**CLUB RULES**

1. All students must have applied and paid for their yearly licence after their first four weeks training.
2. Subscriptions must be paid by the 1st of every month. Failure to do so will incur a penalty fee. The buildup of arrears is NOT ACCEPTABLE.
3. Only undertake activities under the direction of the Instructor to ensure the highest possible safety for yourself and others in the class; incidents arising from inappropriate behavior will not be tolerated and may result in expulsion.
4. Always act according to the Instructor’s directions in class.
5. Stopping to take a break, have a drink or leave the dojang for any reason without the instructor’s knowledge or agreement is unacceptable unless in an emergency.
6. Mobile phones must be turned off during all classes unless by prior agreement with the instructor.
7. All students should arrive 5 minutes before the start of the lesson. Avoid arriving late to a class if at all possible; it is traditional for the instructor to give a student who arrives late 10 press-ups for every minute that they are late, unless the late arrival has been authorised prior to the lesson.
8. Attendance—students should achieve at least 75% attendance, based on training twice a week as 100%. Less than 75% attendance will either double your grading time or disqualify you from grading altogether.
9. An instructor approved dobok must be worn during training in the dojang. The wearing of tracksuits or other clothing is not permitted, unless prior permission has been obtained from the instructor.
10. Suits (doboks) should be clean and ironed for each training session.
11. Belts should be worn to every lesson. Students who forget their belt must wear the white belt of shame.
12. Where appropriate to the grade, sparring equipment should be brought to every lesson.
13. Finger and toe nails must be kept short and long hair should be tied back.
14. No eating or wearing of jewellery (rings etc.) is permitted during training.
15. No smoking is permitted whilst wearing a dobok, regardless of the place (dojang, tournament, demonstration etc.).
16. Your belt should be removed if eating or drinking whilst you are wearing your dobok (at the discretion of the instructor).
17. Let the instructor know upon arrival to the club and prior to training if any medical circumstances have changed at any time, or injuries occurred within everyday life that may affect your ability to train (no matter how minor).
18. Entry into gradings will depend on a student's attitude, attendance and the Instructor's discretion, as well as technical ability.